

**DEPARTMENT OF THE ARMY**  
**Headquarters, U.S. Army Cadet Command**  
**Fort Monroe, Virginia 23651-5000**

**28 January 2000**

**Expires 15 December 2000**

**Reserve Officers' Training Corps**  
**2000 ROTC ADVANCED CAMP: CADET INFORMATION**

**Summary.** This circular provides information to all ROTC cadets and National Guard officer candidates attending Advanced Camp and the Officer Candidate School (OCS) Phase III at Fort Lewis. Read it thoroughly before camp and bring it to camp.

**Applicability.** This circular is applicable to all cadets and officer candidates attending Advanced Camp and the OCS Phase III at Fort Lewis, Washington. For convenience, the terms he, him and his represent both male and female genders.

**Suggested Improvements.** Send comments and suggested improvements on DA Form 2028, to Directorate of Training, U.S. Army Cadet Command, ATTN: ATCC-TT, Fort Monroe, Virginia 23651-5000.

**Distribution.** For distribution to all officer candidates and ROTC cadets attending 2000 ROTC Advanced Camp.

<u>CONTENTS</u>	<u>PARA</u>	<u>PAGE</u>	<u>CONTENTS</u>	<u>PARA</u>	<u>PAGE</u>
Camp Concept.....	1	2	Privately Owned Vehicles.....	20	11
Regimental Cycle Dates .....	2	2	Personal Services and Recreation..	21	11
Support Units .....	3	2	Cadet Pay .....	22	12
Physical Conditioning .....	4	2	Absences from Camp (S: 15 May)...	23	13
Training.....	5	3	Departure from Camp .....	24	13
Evaluation .....	6	3	Security of Personal Property .....	25	13
RECONDO Requirements .....	7	4	Camp Yearbook .....	26	14
Leader Stakes.....	8	4	Platoon Photographs.....	27	14
Safety .....	9	5	Discipline, Law and Order .....	28	14
Reporting to Camp .....	10	5	Cadet/Cadre Relationships .....	29	14
Travel (S: 1 April 2000).....	11	6	Inspector General (IG).....	30	15
Accessions Photos .....	12	7	Appendix A		
Special Diets (S: 1 April 2000) .....	13	7	Map of North Fort Lewis & Fort Lewis.....	A-1	
What to Bring.....	14	7	Appendix B		
Information for Commissionees.....	15	8	Cadet Clothing Inventory... ..	B-1	
What Not to Bring.....	16	9	Appendix C		
Medical and Dental Care .....	17	9	Medications Not To Be Taken		
Benefits and Claims .....	18	10	Prior to Camp. ....	C-1	
Family/Visitors .....	19	10			

1. **CAMP CONCEPT.**

a. The Cadet Command mission is to **commission** the future officer leadership of the U.S. Army and motivate young people to be better citizens. Within that framework, the camp mission is to **TRAIN** cadets to Army standards, **DEVELOP** leadership, and **EVALUATE** officer leadership potential. Additionally, Advanced Camp provides a standardized training and evaluation framework for Army National Guard (ARNG) OCS Phase III.

b. Advanced Camp is the single most important event in the career of a cadet or officer candidate (OC). It is often a cadet's first exposure to Army life on an active Army installation and one of the few opportunities where cadets/candidates from various parts of the country undergo a common, high-quality training experience.

c. Advanced Camp is intentionally stressful and is designed to build individual confidence through the accomplishment of tough and demanding training. The days are long with considerable night training and little time off. Squad and platoon level competitions develop collective cohesion (esprit de corps) and emphasize the necessity for teamwork.

d. The training at Advanced Camp uses small unit tactical training as the vehicle for evaluating officer potential.

e. Advanced Camp Cadet/OCS regiments begin training on specified dates as indicated in paragraph 2. Training is organized into separate committees in a tiered structure. Each regiment follows the same progressive sequence of training, ensuring standardized training and evaluation of all cadets. Each training event builds on the previous training event, beginning with the individual skills and culminating with rigorous platoon-level training.

f. Evaluation is continual and begins shortly after arrival at Advanced Camp. The tactical (TAC) officers and NCOs advise, coach, and ultimately render an official evaluation of each cadet's officer potential. This evaluation is a key part of the accession process.

2. **REGIMENTAL CYCLE DATES.**

Advanced Camp will occur in eleven ROTC and one ARNG OCS training cycles during the period 8 June through 12 August 2000. Each cycle is organized as a regiment and incorporates the Regimental Affiliation Program (RAP). Under this program, each regiment is affiliated with an active Army regiment with a distinguished history and proud tradition of service to our country. Regimental affiliation pairings will be determined at a later date. Report and graduation dates are as follows:

<u>REGIMENT</u>	<u>REPORT</u>	<u>GRADUATION</u>
1	8 June*	12 July
2	11 June	15 July
3	14 June	18 July
4	17 June	21 July
5	20 June	24 July
6	23 June	27 July
7	26 June	30 July
8	29 June	2 August
9	2 July	5 August
10	5 July	8 August
11	8 July	11 August
OCS	29 July	12 August

**\*NOTE: 1st Regiment cadets may not report to camp before 7 June. Messing and billeting accommodations are not available prior to that date.**

3. **SUPPORT UNITS.**

a. I Corps/Fort Lewis and multiple RC units from across the nation provide the bulk of camp support.

b. Each Advanced Camp regiment has a Fort Lewis host unit which provides equipment, administrative, and logistical support.

4. **PHYSICAL CONDITIONING.**

a. GENERAL. Advanced Camp demands a high level of physical fitness. Cadets cannot keep pace with the training program if they are not in good physical condition upon arrival at camp.

**b. PREPARATION.**

(1) Cadets should already have a personal program of conditioning. If not, start one immediately and continue it until reporting to camp.

(2) Be fully knowledgeable of the APFT events, standards, and administration procedures, and be ready to achieve the highest possible score.

(3) Wear the combat boots that you will bring to Advanced Camp during outdoor physical activities to break them in prior to arriving at camp. Do this gradually to avoid foot injuries.

c. APFT. The APFT for each regiment is administered on the fourth day of camp.

d. DAILY PHYSICAL TRAINING. Cadets will sustain physical condition at camp through participation in scheduled physical training sessions and physically demanding training.

**5. TRAINING.**

a. GENERAL. Advanced Camp is 35 days long and incorporates a wide range of subjects designed to develop and evaluate leadership and officer potential. The challenges are rigorous and demanding, both mentally and physically, and will test intelligence, common sense, ingenuity, and stamina. These challenges provide a new perspective on an individual's ability to perform exacting tasks and to make difficult decisions in demanding situations.

b. PROGRAM OF INSTRUCTION. The structure of the training program is sequential and progressive, starting with individual training tasks and building to complex, collective training. The training program includes:

**INDIVIDUAL TRAINING**

-Physical Training	11 HRS
-Confidence Training	9.0 HRS
-FLRC	7 HRS
-Water Safety	3 HRS
-BRM	19 HRS
-Land Navigation	28 HRS

-Machine Gun	4.5 HRS
-Fire Support	4.5 HRS
-Hand Grenade	5 HRS
-NBC	10 HRS
-Individual Tactical Training	7 HRS
-Branch Orientation	<u>9 HRS</u>

**SUBTOTAL 117 HRS**

**COLLECTIVE TRAINING**

-SQUAD STX	104 HRS
-PLATOON STX	<u>105 HRS</u>

**SUBTOTAL 209 HRS**

**TOTAL 326 HRS**

**6. EVALUATION.**

a. GENERAL. The Leadership Development Program (LDP) is a critical part of Advanced Camp, providing evaluations of leadership potential through a series of formal and informal assessments conducted throughout camp. Teams of evaluators assess cadet/OC performance in leader and follower positions. The primary evaluators are the Platoon TACs, Company TACs, and committee evaluators who evaluate, coach, and assist in training cadets. As cadets perform as leaders or team members, evaluators assess performance and identify strong and weak areas of leadership dimensional behavior. At the same time, each cadet/OC has the opportunity to evaluate his/her own performance. Within 24 hours of completing a leadership position, cadets are counseled on their performance. Each cadet will also receive one-on-one counseling at the end of camp as the TACs review the Cadet Command Form 67-9 summary of each individual's camp performance, a key document in the accessions process.

b. EVALUATED AREAS. Cadets will be evaluated in the following areas:

(1) APFT. The three events are pushups, sit-ups, and the 2-mile run, as specified in FM 21-20.

(2) Land Navigation. The Land Navigation score consists of three components: a written examination worth 20 percent, a daylight practical exercise worth 50 percent, and a night practical exercise worth 30 percent. The cadet will take both practice and record

tests of each practical exam. The minimum requirement for passing is a score of 70 percent on the written test (14 of 20 points), the daylight practical test (5 of 8 stakes, 35 of 50 points), and the night practical test (3 of 5 stakes, 21 of 30 points). One retest is available for each exam. Those who require and pass a retest will receive the minimum qualification score for that particular component regardless of the actual score on retest.

(3) Job Performance Ratings. The Cadet Camp score is based on a possible total of 1000 points, distributed as shown:

**Leadership Assessment**

Field Leaders Reaction Course	40 points
TAC LDP Evaluations	180 points
Committee LDP Evaluations	180 points
Leader Dimension Summary	300 points
Performance and Potential	100 points

**Military Proficiency Scores:**

Army Physical Fitness Test	100 points
Land Navigation	<u>100 points</u>

**Total at Advanced Camp** 1000 points

c. CAMP COMPLETION CRITERIA. To successfully complete camp, cadets must:

(1) Pass the APFT with a minimum total score of 180 points and 60 points in each event. If the initial test is failed, one retest is allowed. A passing score on the retest is awarded the minimum score of 180 regardless of the retest APFT score. Failure to pass the APFT is grounds for dismissal from camp.

(2) Earn a minimum rating of "Satisfactory" on each of the 16 leadership dimensions (Part V) and the area of Values at the end of camp on the final evaluation report (Cadet Command Form 67-9) and a minimum rating of satisfactory for performance and potential (part VI a).

(3) Receive a "GO" (qualify with the M16 rifle) for BRM.

(4) Pass Land Navigation by attaining a cumulative score of 70 percent, with a minimum of 70 percent on all tests (written and practical).

(5) Earn a total camp score of at least 770 CES points.

(6) Complete at least 90 percent of training.

7. **RECONDO REQUIREMENTS.** To receive the RECONDO badge, cadets must:

a. Execute all Confidence Training events presented on the day of execution to prescribed standard. Failure to meet the standard for any event denotes a "NO GO" for badge qualification.

b. Achieve an APFT score of 270 or above without retest.

c. Achieve a score of 80 percent or higher on each of the written and practical (cumulative day and night) land navigation proficiency tests, without retest.

d. Achieve a "GO" on BRM.

e. Complete Machine Gun, Hand Grenade (with a score of 80), and Individual Tactical Training (both the "mini assault course" and the "Audie Murphy assault course") assault courses.

f. Achieve satisfactory (S) performance ratings or higher on Squad STX and Platoon STX.

g. Successfully complete camp without a performance waiver. Medical waivers are acceptable.

h. Successfully complete the water safety test.

i. Receive satisfactory or above summary ratings for all 16 scored Leadership Dimensions and the area of Values, as reported on the CDT CMD Form 67-9.

8. **LEADER STAKES.**

a. PURPOSE. Leader Stakes promotes unit cohesion, teamwork, and esprit de corps through organized competition in selected scored events during camp.

b. GENERAL. The training program integrates competition throughout Advanced Camp with the focus at platoon level. The Camp Evaluation Section compiles results to develop platoon rankings in the following events:

APFT  
FLRC  
River Crossing (or other Confidence Training substitute)  
M16 Rifle Marksmanship  
Land Navigation  
Machine Gun Assault Course  
Fire Support  
Hand Grenade Assault Course  
NBC Assault Course  
ITT Assault Courses  
Inspections

c. AWARDS. Individual event awards consist of streamers which winning platoons attach to their guidon for the duration of camp. The regimental TAC staff will award the Best Platoon of the Week Award to the platoon in each company that earned the most LEADER STAKES points that week. At graduation, the Camp Commander will award the Best Platoon Award to the platoon with the most total LEADER STAKES points for each company.

#### 9. SAFETY.

a. GENERAL. Military training can be hazardous. Paying attention to safety at all times can greatly reduce the danger. The Risk Assessment Management Program will be used at all times in Advanced Camp.

b. INJURY PREVENTION. The camp cadre provide specific instructions and reminders regarding safety and injury prevention throughout camp. Experience shows that those involved in accidents could have prevented, or at least reduced, the majority of injuries by using common sense, avoiding horse play, and being in good physical condition.

c. POISONOUS PLANTS. Learn to recognize and avoid poison oak and poison ivy.

d. EARPLUGS. Cadets will carry and use issued earplugs whenever required.

e. IDENTIFICATION (ID) TAGS. Cadets will have ID tags and their red medical dog tags, if applicable, prior to camp and wear them properly at all times during field training at camp and while traveling to or from camp, whether in uniform or not.

#### 10. REPORTING TO CAMP.

a. REPORTING TO CAMP. Cadets must report not later than 1600 hours on the reporting date shown in their Advanced Camp travel orders. If using commercial transportation, cadets should report to Advanced Camp upon arrival in the Fort Lewis area. Cadets may report up to 24 hours early if desired, but PAY WILL NOT START UNTIL THE REPORTING DATE specified on your orders. Cadets will not be accepted more than 24 hours ahead of reporting dates unless they have obtained approval from the Camp Commander. **NOTE FOR FIRST REGIMENT CADETS: Do not report to camp before 1600 hours on 7 June 2000 as dining facility and billeting accommodations are not available before then.**

b. BUS/TRAIN INFORMATION. Cadets who use bus or train transportation must check with the carrier for a detailed travel itinerary before departure. If travelling into the area from the south by Greyhound bus, Fort Lewis is a scheduled stop on the route northbound. If travelling into the area from the north, Greyhound buses arrive in Tacoma. Greyhound will connect to regular service to Fort Lewis or cadets will be directed to Pierce Transit service, whichever best meets the traveler's needs.

c. AIRPORT INFORMATION. Commercial airline flights to the Fort Lewis area arrive at the Seattle-Tacoma (SEATAC) International Airport which is located in the southern part of suburban Seattle, approximately 40 miles north of Fort Lewis. Claim baggage upon arrival, then check in at the ROTC Transportation Desk located adjacent to the baggage claim number 9 area. Transportation to Fort Lewis will be provided. Signs are posted in the terminal to direct the traveler. Follow the instructions on the sign. Advanced Camp will staff the SEATAC Airport ROTC Transportation Desk during the hours of 0800-2000, or as required, from 3 June through

12 July, and arrange government-furnished transportation to Fort Lewis.

d. PRIVATELY OWNED VEHICLE (POV) INFORMATION. *NOTE: POV TRAVEL MUST BE AUTHORIZED IN ACCORDANCE WITH GUIDANCE IN PARAGRAPHS 11a(3) AND 20.* A strip map showing highway access to the Fort Lewis ROTC Advanced Camp area is at APPENDIX A. Fort Lewis is at Exit 120 from I-5. To get to Advanced Camp, take the Fort Lewis exit and obtain a temporary pass from the visitor's center at the main gate; then proceed to North Fort Lewis. Report to Building 9D40. APPENDIX A shows where to report on North Fort Lewis.

e. PROBLEMS. If cadets encounter difficulty while enroute to Advanced Camp which may prevent reporting on time, immediately telephone the Camp Cadet Personnel Office, commercial (253) 967-2997/2860, or the Tactical Operations Center, commercial (253) 967-3543. **DO NOT DELAY IN MAKING THIS IMPORTANT CALL.**

## 11. TRAVEL.

### a. METHODS OF TRAVEL.

Regulations authorize three methods of travel. Travel orders may state one or more of the following:

(1) Government Transportation Request (GTR). All cadets attending Advanced Camp are directed to travel by GTR. The following instructions apply:

(a) Voluntary changes to any part of ticket(s) for other than valid mission necessity may result in additional cost, which cadets must pay.

(b) Travel regulations prescribe mileage allowance of \$0.325 per mile for travel performed at personal expense from home to the public transportation terminal used, and return, as long as the terminal used is not for personal reasons.

(c) Cadets must exercise proper safeguards for travel documents since GTRs are the same as money and cadets are liable for the cost involved in the event of a loss. Immediately report loss of a ticket paid for by

government funds to either the assigned battalion or to the transportation officer at the supporting travel office. Cadets must pay the approximately \$50.00 cost for replacement of lost GTR. This charge is not reimbursable. A claim for reimbursement for lost ticket(s) requires a minimum of 6 months to settle.

(2) Government Furnished Transportation. This method directs the use of U.S. Government or government furnished transportation and applies to cadets whose starting point is outside the continental limits of the United States, such as Hawaii, Alaska, Panama, Guam and Germany.

### (3) Privately Owned Vehicle (POV).

(a) All cadets attending Advanced Camp are directed to travel by GTR. In certain situations where it is fiscally advantageous to the U.S. Government, regulations may authorize exceptions to allow travel by POV. Cadet Command policy for Advanced Camp is that requests for POV travel will only be considered for cadets **within a 500 mile radius of Fort Lewis**. If eligible, cadets must obtain written authorization for POV travel from the Battalion Commander. Written authorization is also required from Battalion Commanders if cadets are planning on returning via POV after graduation, i.e. with parents, family, friends, etc. **Battalion Commanders must provide written notification of cadets traveling by POV to Fourth Region (ROTC), Cadet Personnel Division, ATTN: ATOD-PC, NLT 1 April 2000.** Exceptions to the 500 mile rule must be approved by the respective Region Chief of Staff.

(b) After arriving at Fort Lewis, all cadet POVs will be secured in the POV lot. The keys will be secured in the regimental orderly room. Cadets will not be authorized use of their POV during Advanced Camp.

(c) Reimbursement for travel performed by POV to and from camp, as an owner/operator, will not exceed the constructive cost of a common carrier. If cadets elect to travel by POV as a passenger, i.e., returning with parents in their automobile after graduation, they will not receive any reimbursement for travel upon returning to host institution.

b. TRAVEL PLANS. Discuss travel plans with cadre to ensure understanding of entitlements. Retain and safeguard all copies of tickets, GTRs, and orders. Cadets must possess all transportation documents upon reporting to Advanced Camp.

c. IN-PROCESSING. During in processing, cadets must furnish certain transportation data concerning travel to and from camp. Accurate information is essential for determining travel pay entitlements, issuing GTRs, scheduling return reservations, and issuing amendments to travel orders. The desired mode of travel and destination upon conclusion of camp are important and must make this information known early so that the camp staff can make necessary transportation arrangements. Keep changes to mode of travel to a minimum. Cadet Command will not initiate changes to a GTR, correctly requested and issued, unless there are hardship or extenuating circumstances. Normally, transportation changes during the last two weeks of camp will not be made for anything other than emergency reasons.

d. AIRBORNE, AIR ASSAULT, CADET TROOP LEADERSHIP TRAINING (CTLT), AND NURSE SUMMER TRAINING PROGRAM (NSTP). Cadets who will attend CTLT or NSTP at an installation other than Fort Lewis or attend Airborne or Air Assault training immediately upon completion of camp cannot drive to Advanced Camp by POV. Advanced Camp will not adjust departure dates from camp or reporting dates to installations to authorize driving time.

12. **ACCESSIONS PHOTOS.** Accession photos will be taken of all cadets at Advanced Camp. Ensure cadets arrive with at least one set of pressed BDUs with the proper patches and name tapes. This is the command standard. No exceptions authorized.

13. **SPECIAL DIETS.** Provisions for special diets do not apply to personal preference diets such as vegetarian diets. The dining facilities at camp will support special diets required for medical or religious reasons to the extent that AR 30-1, The Army Food Service Program, dictates support. **If cadets require a special diet due to medical or religious reasons, make**

**the appropriate annotation in the precamp database.** Suspense: 1 April.

#### 14. **WHAT TO BRING.**

a. **MANDATORY ITEMS.** Cadets must bring to camp the items listed at APPENDIX B.

(1) Ensure that the "U.S. Army" tapes, name tape, and Cadet Command patch (subdued) are properly sewn on each BDU shirt and one field jacket prior to departure for camp. Do not remove distinctive school shoulder patches for Advanced Camp as long as they are subdued. Combat patches are authorized in lieu of distinctive school patches.

(2) Combat boots authorized for wear at Advanced Camp are: LIN C06749, boot combat, leather, black (black combat boot) and LIN C07440, boot, hot weather (jungle boot).

(3) If attending Cadet Professional Development Training (e.g., CTLT, airborne, air assault, NSTP, etc.), refer to the appropriate MOI for additional uniform requirements.

(4) Bring a copy of the Cadet Command Tactical SOP and a copy of FM 7-8.

(5) Cadets must have identification card/tags.

(6) Bring two pairs of eyeglasses (if applicable). Contact lens are not suitable for all training events.

b. **RECOMMENDED ITEMS.** Cadet Command also recommends bringing the following items:

Money (approximately \$100 to defray expenses until first payday)

Alarm clock

Sewing kit

Camera/film (inexpensive camera)

Stationery and stamps

Clothes iron

Slippers

Mirror

Robe

Long underwear, light weight polypropylene is preferable (Seasonal temperatures can range as low as 40 degrees Fahrenheit and rain is probable.)

Civilian clothing (include appropriate civilian rain gear)  
Field jacket liner/wool sweater/sleeping shirt (through school supply)  
Eyeglass retainer, if applicable  
Padlocks (2)

c. DOCUMENTS. Bring the following documents and have them in your immediate possession upon reporting to camp:

(1) Eyeglass prescriptions.

(2) Travel documents to include any government transportation requests or unused commercial bus, train, or airplane tickets issued at government expense or purchased at personal expense.

(3) Prior to departure from the home institution, ensure each cadet has a valid ID card. If the card contains incorrect information or is mutilated, cadets should obtain a new ID card. (Advanced Camp will issue a temporary ID card to aliens upon arrival at camp.)

(4) At least 10 copies of Advanced Camp Travel Orders plus copies of amendments, if applicable. Cadets should have a copy of their Advanced Camp travel orders at all times during camp.

(5) PHS Form 731, International Certificate of Vaccination, with immunizations properly recorded (information may be in medical folder).

(6) Any medical documentation regarding questionable acute medical conditions that your cadre has not included with the Advanced Camp Medical Records Folder.

d. CONTACT LENS/GLASSES WEARERS. Cadets will start medical examinations within 2 days at camp; therefore, **do not wear contact lenses for 72 hours prior to reporting to camp.** Cadets may wear contact lenses after the medical examination. However, cadets must bring at least two pair of durable eyeglasses to camp.

e. PRESCRIPTION MEDICATIONS. Prescription medications should be kept secured at all times.

15. INFORMATION FOR COMMISSIONEES. Cadets scheduled to be commissioned at the conclusion of Advanced Camp are required to bring their officer Class A uniform, officer garrison cap, and three 2LT insignia. Facilities for pressing, alteration and sewing Class A uniforms are available through the Post Exchange facilities. There is limited time available to arrange for these services during camp.

- COMMISSIONED CADET TA-50.

Cadets receiving their commission at Advanced Camp who do not return to their university will mail their TA-50 back to their parent university at government expense using the following procedures.

-- PROCEDURES:

(a) The cadet will coordinate with the Camp Logistics point of contact during outprocessing to make an appointment for a joint inventory and packing of the TA-50 equipment.

(b) The cadet and a Camp Logistics representative conducts the joint inventory of all TA-50 equipment to be shipped on a packing list. Both the cadet and the Camp Logistics representative print and sign their names on the packing list as a verification of items being shipped.

(c) One copy of the packing list is placed inside the box with the equipment. One copy is given to the cadet. One copy is maintained on file with Camp Logistics.

(d) Camp Logistics coordinates and tracks the transfer of the packages to the mailroom.

(e) Mailroom sends the packages to the respective universities and gets a tracking number to monitor status. This tracking number is provided to Camp Logistics who will maintain on file.

(f) Following Advanced Camp all files are transferred to Headquarters, Fourth Region (ROTC), Logistics Branch to complete all open actions.

16. **WHAT NOT TO BRING.** Do not bring:

a. Weapons or ammunition of any type. No knives with blades longer than 3 inches.

b. Large amounts of cash. Traveler's checks are a wise choice.

c. Expensive watches, jewelry, or other valuable small items.

d. Excess baggage. Cadets must limit the amount of baggage they bring to camp. Normally airlines permit one regular suitcase, one duffel bag, and a carry-on bag, and assess charges for additional baggage. Government items identified in APPENDIX B and paragraph 14 above are considered to be at least one of the regular bags. Additional bags are excess and are not reimbursable. Also, cadets may not mail personal property, to include uniform items, to or from camp at government expense.

e. High Tech Boots.

f. Cell phones or personal pagers.

#### 17. **MEDICAL AND DENTAL CARE.**

a. **GENERAL.** During camp, cadets who are injured, suffer serious illness, or contract a disease in the line of duty, are entitled to U.S. Army hospitalization and medical care. The Federal Employees Compensation Act (FECA) administered by the Department of Labor may also entitle cadets to further benefits and compensation. In order to ensure FECA benefits, cadets must initiate a claim while at Advanced Camp. The **BENEFITS AND CLAIMS** section of this circular contains additional information on filing a claim.

#### b. **MEDICAL EXAMINATION.**

(1) During the first week of camp, cadets will receive a complete medical examination. Cadets must provide accurate information about previous illness and injuries when taking the medical examination and when completing the applicable portions of SF 93 (Report of Medical History). Concealment of a disqualifying medical condition can lead to disenrollment from the ROTC program.

(2) Advanced Camp will screen all cadets for overweight using AR 600-9 standards. These standards are available at each battalion. Compliance with these standards is a camp attendance prerequisite.

(3) The medical examination administered at camp normally serves for commissioning purposes; therefore, it must be accurate and complete.

(4) To prevent false readings on physicals, ensure none of the drugs listed at APPENDIX C are taken at least five days prior to reporting to camp. If you are currently taken any of these medications under instructions from a physician, you are responsible for getting your medication changed to an acceptable alternative or verifying that you can miss 5-7 days of the medication without suffering adverse effects.

c. **PELVIC EXAMS AND PAP SMEARS.** Pap smear and pelvic examination are required parts of the commissioning physical and will be administered at Advanced Camp unless a valid examination, to include the cytology report and a record of evaluation from the doctor is documented IAW para 17j. Recommend female cadets have these exams completed prior to Advanced Camp.

d. **HIV TESTING.** In accordance with Army policy, the medical examination administered at camp will include screening for the HIV antibody.

e. **MEDICAL DISQUALIFICATIONS.** The Camp Commander will release from camp, as soon as practical, those cadets found medically disqualified as a result of the Advanced Camp medical examination or injuries sustained at camp, if medical waiver is not granted. Cadets dismissed from Advanced Camp for remedial medical conditions (except pregnancy) must have these conditions corrected and evaluated by the Cadet Command Surgeon prior to 15 October 2000.

f. **MEDICAL WAIVERS.** CG, Cadet Command is the final approving authority for all medical waivers granted at camp. Cadets scheduled to attend follow-on training (CTLT, NSTP or CPFT) who receive temporary medical

waivers and remain at camp will be reviewed prior to attending follow-on training.

g. IMMUNIZATIONS. Cadets should have completed Diphtheria-Tetanus (DT) and Measles, Mumps and Rubella (MMR) immunizations prior to camp. Medical personnel will administer all immunizations not completed prior to Advanced Camp as part of the Advanced Camp medical examination process.

h. DRUG AND ALCOHOL TESTING. Advanced Camp will conduct drug and alcohol tests on all cadets reporting to camp. Any cadet testing positive for illegal drugs or exhibiting a blood/alcohol level in excess of .05 ml will be dismissed from camp and recommended for disenrollment.

i. DENTAL. Medical entitlements at Advanced Camp include emergency dental care. Cadet Command Pamphlet 145-4 requires cadets to have dental pantographic radiographs taken prior to departure for Advanced Camp or completed upon arrival. If cadets have already completed a pantographic radiograph, battalion cadre must verify that it is on file at the host battalion. Cadets will not bring radiographs from their schools with them to camp.

j. Documentation of a normal pap and pelvic examination within the previous six (6) months prior to their reporting date for female cadets. The documentation required is the actual cytology report and pelvic exam report. A synopsis from the physician is not sufficient.

## 18. **BENEFITS AND CLAIMS.**

a. MEDICAL BENEFITS. The Federal Employees Compensation Act (FECA) entitles you to certain medical benefits. These benefits, depending on the circumstances, consist of Disability Compensation, Medical Care, and follow-up medical treatment. The U.S. Army provides only immediate medical care for injury or illness suffered at Advanced Camp. Cadets must obtain any further medical care required subsequent to Advanced Camp from civilian sources and must pay the costs of such care, unless submitting a claim for FECA benefits and obtained approval of the claim by the Department of Labor. Cadets may obtain

further information from their PMS concerning benefits, to include medical coverage/treatment.

b. COVERAGE. Madigan Army Medical Center at Fort Lewis will provide medical care for injuries and illness suffered during camp. If the condition is likely to require further medical treatment or result in temporary or permanent disability, cadets should submit a report of injury/claim for disability or other benefits to the Department of Labor. Cadets are responsible for submitting this claim. The Regiment will assist in preparation of the claim. Initiation of a FECA claim and obtaining all necessary documentation (to include medical) prior to departure from Advanced Camp will ensure prompt action on the claim by the Department of Labor.

c. FORMS. Cadets are responsible for contacting the Regimental Claims Officer or Administrative NCO for assistance in initiating claim forms for coverage under FECA. Cadets must do this as soon as practical after incurring a disease or injury. Complete the required forms and obtain necessary documentation before leaving camp to preclude delays in processing any future claims. Claims submitted subsequent to completion of camp often encounter delays because information needed to complete the forms is not readily available, line-of-duty letters are hard to obtain, and the required medical documentation is not always available.

d. MEDICAL OR COMPENSATION CLAIMS. The filing of a medical or compensation claim will not reflect upon performance at Advanced Camp. If cadets suffer an injury or illness at camp that will require further medical attention subsequent to Advanced Camp, then initiate a claim as soon as possible.

19. **FAMILY/VISITORS.** Cadet Command highly recommends that cadets do not bring family members to camp. If cadets elect to bring family members, it is at the cadet's personal expense and cadets must make all arrangements for their accommodations because neither transient nor temporary quarters are available. Remember that the primary objective at Advanced Camp is to train

and there will be very little free time. On the same note, it is highly suggested that cadets discourage visitors until becoming familiar with the daily routines of Advanced Camp. All visitations must be approved in advance by the Camp Commander. Family members are welcome at the end of camp graduation-commissioning ceremony as long as they fund their own travel and lodging.

**20. PRIVATE VEHICLES.** Upon arrival at Advanced Camp, cadets will park POVs in a designated lot and will not be allowed to drive the vehicles until the day they depart Fort Lewis.

a. **REGISTRATION.** Cadets authorized and electing to travel to camp by POV must register their vehicles during in processing. To register a vehicle, cadets must have the following:

(1) Written authorization from the PMS in accordance with paragraph 11a(3)(a).

(2) Evidence that the vehicle is insured with a minimum of \$10,000 coverage for property damage and \$25,000/\$50,000 for public liability. If the vehicle is licensed in a state that requires "proof of insurance," cadets must have that documentation in the POV while operating it in Washington State.

(3) A valid state registration. If a cadet is not the legal or registered owner, a notarized statement from the owner of the vehicle, giving each cadet permission to drive the vehicle must be presented.

(4) A valid state driver's license.

b. **NONREGISTERED VEHICLES.** Any vehicle which cannot be registered during in processing will be impounded and secured until it can be registered or until completion of camp.

c. **SECURITY OF VEHICLES.** While at camp, lock vehicle when parked. Do not leave valuables in parked vehicles. Recommend that hubcaps, antennas, or other easily removable items be secured in the trunk.

d. **CLAIMS FOR CB RADIOS/STEREOS/ CELLULAR TELEPHONES.** The U.S. Army will not honor claims for settlement of "non-permanently" installed CB radio or cellular telephone equipment stolen from the passenger compartment of a POV, but it will settle a claim (maximum of \$200) for the theft of such equipment from a properly secured vehicle trunk. This policy also denies payment for damage to the car. Although Fort Lewis provides a secured parking area, we recommend you not bring CB radio or cellular telephone equipment to camp.

**21. PERSONAL SERVICES AND RECREATION.**

a. **PERSONAL AFFAIRS.** Chaplains are available for counseling assistance. Cadets should first contact Platoon TAC Officer/NCO if personal problems develop during camp.

b. **RELIGIOUS SERVICES/SUPPORT.** The Fort Lewis and Advanced Camp Chaplain staff will hold services for various faiths each week. Due to the training environment, they will often conduct services in the field and at other than routine times. Specify the denomination of choice to the battalion cadre during the camp cycle assignment process. Refer to the codes identified in AR 680-29. The Camp Chaplains want to provide religious support across the broad spectrum of denominations, but can only do so if they have reliable information.

c. **POST EXCHANGE (PX).**

(1) Cadets may use the PX upon presentation of a valid Identification Card and a copy of individual cadet Advanced Camp travel orders. A small PX in the camp area carries toilet articles, magazines, books, towels, etc. The main PX is comparable to a department store.

(2) Dress regulations for exchanges are posted outside the exchange. The Battle Dress Uniform is permitted.

(3) Cadets can cash checks at all exchanges (personal first-party checks for not more than \$300.00 cash or \$20.00 over amount of purchase). Cadets will speed check-cashing time if the following personal information is

already written on the front of all checks: Name, SSN, university, city, state, and ROTC unit at Fort Lewis. Exchanges will not accept two-party checks. Have money from home sent as a money order.

d. LAUNDRY. All cadets are encouraged to utilize laundry services provided at Advanced Camp. A commercial contractor will provide laundry services at no cost to cadets. Laundry service will include weekly turn-ins. BDUs will not be pressed. The only event that requires pressed BDUs is the Accessions Photo, which occurs, early in the camp cycle. Cadets should bring a set of pressed BDUs with them to camp. Cadets are discouraged from including delicates (spandex, lingerie) in their turn-ins since the industrial equipment operates at extremely high temperatures. If individual clothing is lost or damaged by the laundry contractor, cadets may file a claim against the U.S. Government through their regimental supply sergeant. It is imperative that cadets immediately inventory clothing upon receipt and notify their supply sergeant NLT 72 hours upon discovery of loss or damage. Retain the blue copy of the four-part Laundry List for Military Personnel, to provide accountability of clothing turned in to the laundry. Limited washers and dryers are available in cadet barracks.

e. POSTAL SERVICE.

(1) Cadets will find stamp vending machines located in the ROTC Camp PX. Complete postal services are available at the Fort Lewis Main Post Office. It is recommended that cadets bring an initial supply of postage stamps and envelopes to camp (see paragraph 14b).

(2) All outgoing mail should include the Fort Lewis address as the return address.

(3) The ROTC Advanced Camp Mail Room holds mail call for company mail orderlies from 1300 to 1530 daily, except Sunday. Mailboxes for outgoing mail are located in the camp area.

(4) Cadets should advise correspondents not to write until a complete mailing address has been received. Do not use Regimental

nicknames in the address. Correspondents should use the following address:

Full Name  
ROTC Advanced Camp  
Regiment, company, platoon  
Box 339543  
Fort Lewis, WA 98433-9543

f. PUBLIC PAY TELEPHONES. A limited number of coin operated pay phones are available in the regimental areas for cadet use. Cadets should plan to use telephone calling cards, as there are more credit card operated phones available. Additionally, the credit card phones can be used to make a collect call.

22. CADET PAY.

a. PAY. Cadets are paid on the 1st and the 15th of the month by electronic fund transfer to the same schecking/savings account that monthly stipend checks are deposited. Personal checks at the camp PX may be cashed. Casual pay will not be processed at Advanced Camp. Base pay is approximately \$20/day less deductions.

b. SGLI. Cadets who are not aliens are eligible for Servicemen's Group Life Insurance at Advanced Camp. Cadets may elect coverage in \$10,000 increments from no coverage up to \$200,000. Prior to departure from campus, indicate the desired coverage on DD Form 93 and SGLV Form 29-8286. Cadets must complete DD Form 93 and SGLV Form 29-8286 even though cadets do not wish to elect lesser coverage than that received under the automatic provisions of law. Cadets who are aliens are not required to complete items 9, 10, 11, and 12b of DD Form 93 or any of SGLV Form 29-8286. Exercise care in the completion of these forms, since they become effective should death or serious injury occur while cadets are en route to or from camp or while attending camp. Carefully consider before filling in the next of kin (NOK), as that is the person initially notified in the event of your death or serious injury at camp. Ensure that all addresses and phone numbers shown for NOK are current and correct. If the cadet is a Simultaneous Membership Program (SMP) participant assigned to a USAR troop program unit or the Army National Guard and is already covered by SGLI with premium

deductions being taken from "drill pay," he does not have to take additional SGLI while attending Advanced Camp. The deduction for SGLI coverage will continue as long as the cadet remains in a base pay status. Cadets must pay the full monthly cost, whether they are paid base pay for one day or the entire month. SGLI covers ROTC Advanced Camp, travel directly to and from Fort Lewis, and a period of 120 days following completion of camp or conclusion of CTLT.

c. PAY QUESTIONS AFTER COMPLETION OF CAMP/CTLT: All questions must be directed to the host/extension center battalion to resolve pay problems as related to camp attendance and paid training days. Wages earned at camp are subject to federal, state and local taxes. W2's provided in January following the summer training are mailed to the battalion address or home address for those cadets commissioned at camp.

23. **ABSENCES FROM CAMP.**

a. EMERGENCIES. The Camp Commander or his designated representative can authorize absences for emergency reasons. Prior to departure for Advanced Camp, advise next of kin that if a cadet is needed at home during an emergency, NOK should contact the nearest American Red Cross (ARC) representative immediately, and inform the ARC of the correct address at camp. This is important because a representative of the Camp Commander can immediately authorize an emergency absence if it has been verified by the Red Cross.

b. EARLY RELEASES. The "tiered" camp structure should eliminate the majority of early releases other than for bonafide emergency reasons. Each PMS will make known specialized training and summer school requirements prior to scheduling camp attendance. Advanced Camp will consider requests for early release, initiated subsequent to start of Advanced Camp, only for extreme emergency or hardship and administrative reasons.

(1) While at camp, route requests for early release through the Regimental TAC Officer and Military Institutional Representative (MIR)

at camp to the Camp Commander, ATTN: Cadet Personnel Division. The MIR must confirm the circumstances for an early release and so indicate by an appropriate comment on the request for early release.

(2) Address **requests for early release, initiated prior to the start of camp to the Commander, U.S. Army Fourth Region (ROTC), ATTN: ATOD-PA (PA), Box 339512 and submit NLT 15 May 2000.** Clearly substantiate any request for early release to attend summer school with supporting documentation from an appropriate school official such as the registrar, dean of an academic department, or an academic advisor.

(3) Normally, Advanced Camp will approve early releases only if a cadet has successfully completed or can complete all mandatory training.

24. **DEPARTURE FROM CAMP.** Unless approved for an early release, cadets may not depart Fort Lewis until after the conclusion of the graduation ceremony. Regiments will normally accomplish turn in of equipment and barracks inspection the day prior to graduation. For cadets who are traveling by commercial air, camp personnel will not normally schedule a flight departing SEATAC airport prior to 1400 hours on the scheduled graduation date.

25. **SECURITY OF PERSONAL PROPERTY.** Trust, which develops between fellow cadets, can easily lead to careless practices. The open bay barracks, crowded living conditions, and easy access to the barracks make an inviting situation for a thief. The consequences of inadequate security rest entirely with you. To avoid loss, take the following actions:

a. DO NOT leave money or valuables in the barracks.

b. DO NOT bring expensive watches, cameras, or stereo equipment. (Inexpensive watches and cameras suitable for field use are available at the PX).

c. DO lock wall lockers and footlockers.

d. DO secure all prescription medications.

26. **CAMP YEARBOOK.** The Camp Public Affairs Office contracts for publication of a camp yearbook. Cadets may purchase the camp yearbook for approximately **\$28.00 including postage.** The vendor will take orders during your in processing. Cadets may make payment for the yearbook by personal check, cash or money order at the time of order. The vendor will mail your yearbook to any address you request; however, since the yearbooks will not be delivered until November, you should provide a permanent address where the yearbook may be received.

27. **PLATOON PHOTOGRAPHS.** The yearbook vendor will take photographs of each platoon on the 4th day of each cycle. Cadets may order copies at the photo session. Payment must be in cash, personal check, or money order at the time of order. Photographs will be delivered to each regiment prior to the end of camp.

28. **DISCIPLINE, LAW AND ORDER.**

a. **GENERAL.** Every cadet is expected to conduct himself in a manner befitting a prospective commissioned officer. If a cadet displays poor attitude, poor behavior, or substandard performance warranting disciplinary action, he may be subject to evaluation by a board of officers and possible dismissal by the Camp Commander.

b. **JURISDICTION.** The Uniform Code of Military Justice does NOT apply to cadets at camp. If cadets commit a criminal offense while at camp, they are subject to prosecution by the appropriate local, state, or federal authorities.

c. **OFF LIMITS AREAS.** The following areas are off limits to all cadets:

(1) All areas and buildings on Fort Lewis marked by an OFF LIMITS sign.

(2) All Officers', Noncommissioned Officers' (NCO) and Enlisted Clubs.

(3) Civilian establishments designated "OFF LIMITS." A list of establishments that are designated as off limits will be posted on bulletin boards in platoon areas.

(4) All other activities and places as announced in the Camp Bulletin.

d. **TRAFFIC REGULATIONS.** If cadets operate a motor vehicle on post, they will conform to the motor vehicle laws of the State of Washington and the traffic regulations of Fort Lewis.

(1) The speed limit on post is 25 miles per hour unless otherwise posted. It is strictly enforced.

(2) Do not drive vehicles between the vehicles of a convoy (three or more military vehicles under a single commander), unless authorized by the individual in charge of the convoy.

(3) Take special care when passing troops marching in formation. The speed limit is 10 MPH.

(4) Cadets must use seat belts on the Fort Lewis Military Reservation and in the state of Washington.

e. **CHECKS WITH INSUFFICIENT FUNDS.** It is every cadet's responsibility to ensure that sufficient funds are on deposit before writing personal checks. "Bounced" checks receive the personal attention of the Camp Commander and indicates poor officer potential. Overdraft protection is a worthwhile option.

**29. CADET/CADRE AND CADET/CADET RELATIONSHIPS.** Cadets are responsible for understanding the components of sexual harassment, improper relationships, and fraternization between cadre and cadets or between cadets and other cadets, and to maintain the highest standards of honesty, impartiality and conduct to ensure the proper performance of our Advanced Camp mission. Inappropriate behavior will not be tolerated and will be dealt with expeditiously and personally by the Camp Commander.

a. Cadre will address cadets as "Cadet" e.g., "Cadet Johnson, report to the orderly room."

b. Sexual Harassment.

(1) Sexual harassment is a form of sex discrimination that involves unwelcome sexual advances, request for sexual favors, and other verbal or physical conduct of a sexual nature, when any of the following occurs:

(a) Submission to or rejection of such conduct is made either explicitly or implicitly a term or condition of a person's job, pay, or career.

(b) Submission to or rejection of such conduct by a person is used as a basis for career or employment decisions affecting that person.

(c) Such conduct interferes with an individual's performance or creates an intimidating, hostile, or offensive environment.

(d) When a person who in a supervisory or command position uses or condones implicit or explicit sexual behavior to control, influence or affect the career, pay, or job of another soldier, civilian, or cadet is engaging in sexual harassment.

(e) When a person makes deliberate or repeated unwelcome verbal comments, gestures, or physical contact of a sexual nature, he/she is engaging in sexual harassment.

c. **Improper Relationships.** The regulatory restriction found in AR 600-20 prohibits relationships between members of different rank that involve or give the appearance of partiality, preferential treatment, or the improper use of rank or positions for personal gain, which are prejudicial to good order, discipline, and morale. This is especially true of the superior-subordinate relationship, which exists between cadets and cadre as well as between cadets in the same unit at Advanced Camp. Personal and romantic relationships between senior and subordinate are perceived by all as a cause for partiality and preferential treatment, are invariably the source of embarrassment to this Command, and are therefore, strictly prohibited. Cadets must conduct themselves in a manner that cannot be misinterpreted.

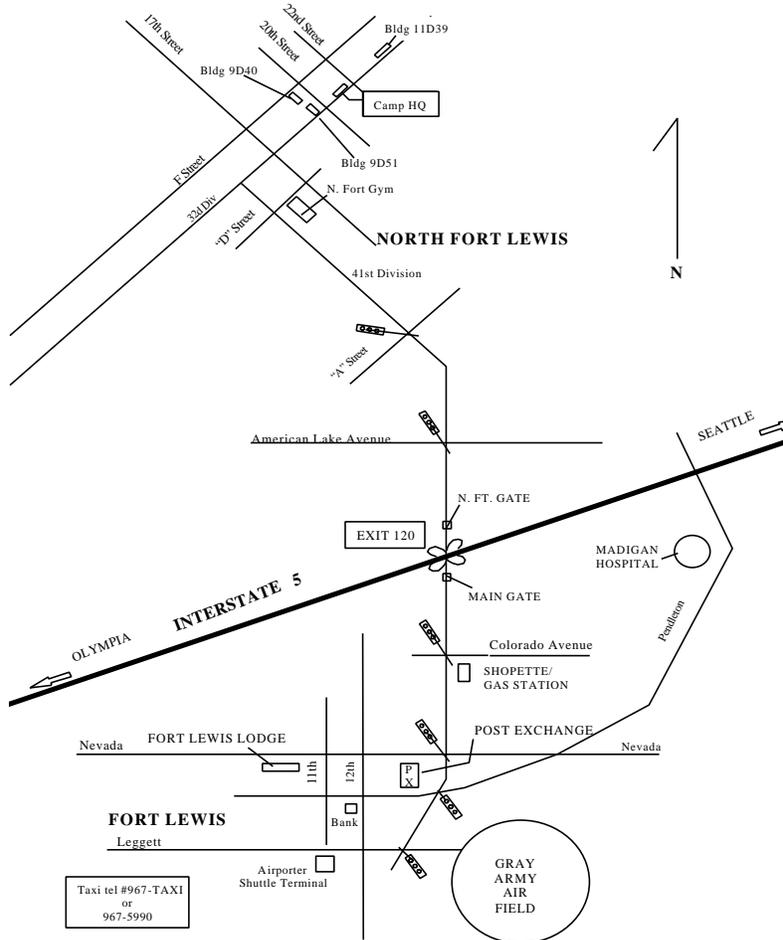
**d. Reporting Offenses. The Regimental TAC Staff will discuss the topics of sexual harassment and improper relationships with their cadet regiments.**

**Committee Chiefs will discuss these topics with their cadre, direct support, and Reserve Component personnel. Individuals who have been subjected to sexual harassment or improper advances should be advised to report it to their Chain of Command, or if that is not possible, to take the matter to the Inspector General.**

**e. Sexual Activity. Sexual activities are prohibited in the barracks or field environment during Advanced Camp.**

30. LOCATION/AVAILABILITY OF CAMP INSPECTOR GENERAL (IG). The Camp IG serves as an extension of the Camp Commander's eyes, ears, voice, and conscience. The IG provides service to all Advanced Camp cadre and cadets. The IG is available on a walk-in basis during the published hours or by appointment for assistance with complaints and redress of grievances without fear of reprisal. Procedures for IG visitations are established in the Advanced Camp SOP.

APPENDIX A - MAP OF NORTH FORT LEWIS AND FORT LEWIS



APPENDIX B - CADET CLOTHING/UNIFORM INVENTORY - ADVANCED CAMP

CADET NAME: \_\_\_\_\_ SSN \_\_\_\_\_ REGT \_\_\_\_\_ REGION \_\_\_\_\_  
 UNIVERSITY AND ADDRESS \_\_\_\_\_

ITEM	SIZE	CADET REQUIRED TO BRING	REQUIRED FROM SCHOOL	ISSUED AT CIF
1. Coat, Cold Weather, BDU			1	1
2. Cap, BDU			1	1
3. Coat, BDU			4	4
4. Trousers, BDU			4	4
5. Boots, Combat			2	
6. T-shirt Athletic (PT)			2	
7. Trunks, Gen. Purpose (PT)			2	
8. Sweatshirt, gray ARMY (PT)			1	
9. Sweatpants, gray drwcrd (PT)			1	
10. Socks, OG 508 wool			2 pr	8 pr
11. Glove, Leather Blk			1 pr	
12. Glove, Insert wool			1 pr	
13. Insignia, ROTC			2	
14. Bag, Duffel			1	
15. Bag, Waterproof			1	
16. Belt, Black			2	
17. Belt, Indiv Equip (pistol)			1	
18. Canteen, Water (1 qt)			2	
19. Cup, Canteen			1	
20. Cover, Canteen			2	
21. Case, First Aid			1	
22. Case, SA 30 Rd Magazine			2	
23. Compass, Lensatic, w/case			1	
24. Parka w/w olv grn or camo			1	
25. Trousers, w/w/olv grn or camo			1	
26. Suspenders, LBE w/web belt			1	
27. Undershirt, Brown			4	6
28. Underwear		10 pr		
29. Shoe Polish Kit		1		
30. Swimsuit		1		
31. Bra (Females)		5		
32. Shoes, Shower		1		
33. Notebook, Pocket		1		
34. Padlock, Key/Combination		2		
35. Identification Tag			2	
36. Eyeglasses (if worn)			2	
37. Flashlight (OD or black)			1	
38. Barracks Bag				2
39. Poncho			1	
40. TACSOP and FM 7-8			1	
41. Handkerchiefs		*ad		
42. Shoes, Running		**2		
43. Socks, white athletic		2 pr		
44. Watch		*ad		
45. Washcloth		*ad		
46. Bath Towels		*ad		
47. Pajamas		*ad		
48. Civilian Sweatsuit		*ad		
49. Hangers, Clothes		*ad		
50 Toilet Articles		*ad		
51. Kevlar Helmet w/straps & cover				1
52. Alice Pack w/ straps & frame				1
53. Sleeping Bag				1
54. Sleeping mat				1
55. Other select TA-50 items TBD				*

(\*ad, as desired) (\*\*recommend 2nd pair for use during water survival training.)

Platoon TAC NCO Signature \_\_\_\_\_ PRIVACY ACT STATEMENT

AUTHORITY: The Privacy Act of 1984 (5 USC 552a), 10 U.S.C., 1416.34DALO (See Section 012). PRINCIPAL PURPOSE: To reflect accountability for personnel clothing by individual cadet during ROTC Advanced Camp. HQ4RAC Form 5 Mar

**MEDICATIONS NOT TO BE TAKEN FIVE DAYS PRIOR TO REPORTING TO CAMP AND UNTIL PHYSICALS ARE COMPLETED**

*If under a physician's care, discuss the options of changing to an alternative medication not on the list. Or, be aware of and assume full responsibility for the medical consequences of skipping/missing 5-7 days worth of this medication. If you cannot comply with this criterion, notify your PMS **immediately**- do not wait until your arrival at camp!*

Actidil (Trirolidine)	Hispril
Actifed	Histabid
ADAC	Histadyl
Albatussin	Histaspan
Allerest	Historal
Ambenyl	Isoclor
Anamine	Naldecon
Atarax (hydroxyzine, Maraz) 7 days	Napril
Benadryl (Diphenhydramine)	Neotep
Brexin	Nolamine
Brocon	Nyquil
Chlor-Trimeton (Chlorpheniramine)(CTM)	Optimine
Citra	PBZ (Tripelenamine)
Claritin (Loratidine)	Percogesic
Codimal	Periactin (Cyproheptadine)
Comhist	Phenergan
Compazine (Prochlorperazine)	Prochlorperazine
Comtrex	Promethazine
Contac	Protid
Co-Pyronil	Quelidrine
Deconamine	Rhinex
Dextrotussin	Ru-Tuss
Dimetane	Rynatuss
Dimetapp	Seldane (Terfenadine) 7 days
Disophrol	Sinutab
Dristan	S-T Forte
Drixoral	Sinovan
Duratap PD	Sudafed Plus (plain Sudafed OK)
Dytuss	Tacaryl
Extendryl	Tavist
4-Way Cold Tablets	Thodec
Fedahist	Tirten
Fedrazil	Triaminic
Fiogesic	Triaminicol
Forhistal	Vicks Formula 44
Formula 44	Vistaril (Hydroxyzine)
Hismanal (Astemizole) 60 days	
Adapin (Doxepin hydrochloride)	Amitriptyline (Amitril, Elavil)
Asendin (Amoxapine)	Aventyl (nortriptyline, Pamelor)
Deprol	Endep
Etrafon	Flexeril (Cyclobenzaprine)
Limbitrol	Ludiomil (maprotiline hydrochloride)
Marplan (isocarboxazid)	Nardil (phenelzine sulfate)
Norpramin (desipramine hydrochloride)	Parnate (tranylcypromine sulfate)
Pertofrane (desipramine hydrochloride)	Sinequan (doxepin hydrochloride)
Surmontil (trimipramine maleate)	Triavil
Tofranil (imipramine hydrochloride)	Vivatil (protziptyline hydrochloride)

**BETA BLOCKING MEDICATIONS**

Propranolol (Inderal, Inderide)  
Atenolol (Tenormin)  
Timolol (Blocadren, Timolide, Timoptic)  
Metoprolol (Lopressor)  
Nadolol (Corgard, Corzide)  
Pindolol (Visken)

Betaxolol (Kerlone)  
Carteolol (Cartrol)  
Acebutalol (Sectral)  
Esmolol (Brevibloc)  
Labetalol (Normodyne, Normozide)

C-2

**The proponent of this circular is the Directorate of Training. Users are invited to send comments and suggested improvements to the Commander, U.S. Army Cadet Command, and ATTN: ATCC-TT, Fort Monroe, Virginia 23651-5000**

STEWART W. WALLACE  
Major General, U.S. Army  
Commanding

OFFICIAL:

//S//

JOHN W. CORBETT  
Colonel, GS  
Chief of Staff

DISTRIBUTION:  
A, B, C, D

5 - ATOD-PA  
Camp Coordinators  
84th Division (IT)  
104th Division (IT)  
WAARNG Military Academy  
Commander, ARPERCEN, ATTN: DARP-MOT  
DPTMS, Fort Lewis